

# MOUNT & WARLEGGAN LIFE

MAY / JUNE 2015

Number 88  
Non-Parishioners 30p

## Nepal

We are raising funds to help earthquake survivors

Illustrated talk about Nepal

**Saturday 9<sup>th</sup> May**

7 pm, Warleggan Jubilee Hall, Mount

Free entry - Refreshments - Donations please



*Facebook post from a friend of Chris's in Kathmandu, who also posted the photo above: "For \$244 (£160), we bought 660 pounds of rice, 150 packages of instant noodles, 15.4 pounds of salt, 55 pounds of lentils, 10 pounds of tea, 33 pounds of beaten rice, 180 packets of crackers, 17.6 pounds of soy protein, plastic bags to divide it all into. We then drove 4½ hours to a remote area in Sindhupalchowk and distributed it. There were no houses standing in many of the villages. We were the first to give aid there."*

For more information, or to help organise the evening or to donate, contact Chris Whitehouse (01208) 821409, or David Flynn (01208) 821351.

[www.warleggan.net/nepal](http://www.warleggan.net/nepal)

## **PERRANZABULOE CHURCH HOSTS ST PIRAN CROSS AWARDS**

Perranzabuloe Church hosted the Diocese of Truro's awards of the Cross of St Piran, presented by the Bishop of Truro, Rt Revd Tim Thornton on Sunday 8th March.

Sixteen people from across the diocese were recognised for the work they have undertaken, both for their churches and the wider community. The pews were full during two services held at St Piran Church, Perranzabuloe, when friends and family listened to the nomination citations for each recipient as they received their crosses from Bishop Tim, one of whom was our very own Pat Phillips from Warleggan. Pat's citation reads *"Nominated by The Revd Andrew Balfour & Bishop Bill and agreed by the Bishop's Staff. Pat has been one of the churchwardens at St Bartholomew's Church, Warleggan for the last 15 years, is the Treasurer of Warleggan PCC and is also the Chairman of the local secular parish committee. She has overseen the re-roofing of St Bartholomew's raising funds from charities and from her own continuous efforts trading in second hand books. Pat is a staunch member of the Bible Study groups including the local Greek group which looks at the readings for the following Sunday in the Greek New Testament. She has acted throughout as a friend of the local Methodist Church in Mount attending their special events and services."*

### **NEWS FROM ST BARTHOLOMEW'S**

The donations received in memory of Betty Pethick amounted to £326.70, and we are most grateful to her family for their support. The money will go towards the repairs to the porch and tower which we hope will be started later in the year. Over the last year the sale of books has raised £500, and this money too has gone into the building fund. Many thanks also to all those who buy or provide books—or both! - and to those who help to move them around! We are still without a priest, but we hope that eventually all will be well. Meantime, the pattern of services remains much the same, with the Revd Tony Hodge taking communion services, and afternoon services moved to 6pm for the summer months.



**GARMENT ALTERATIONS FOR**  
**ANY OCCASION**

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## NEWS FROM HILL COVE, WEST FALKLAND –PART II

So here I am still hobbling but have learnt how to do a vast amount of things on one leg. I keep the quad bike as close to the house as I can and I couldn't have managed feeding and watering animals without it. I learnt how to use kitchen stools to great advantage by placing them so I could hop from one to the other and rest the knee of my broken leg on them to enable me to peel veg and cook, etc. Everything had to be carried in a carrier bag hanging on a crutch, you learn to slide things along the floor you can't carry etc, etc, someone really should write a book about how to manage on crutches! After a few weeks I was able to drive the Landrover and Discovery with one leg - not being automatic this needed some precise foot movements and timings using the same foot for clutch, brake and accelerator! I don't think I would have executed an emergency stop but fortunately as yet here on the West Island anyone can drive anywhere and anyhow!

Fortunately this happened while Matthew my son was home on his school holidays, so he spent most of his long summer holiday as slave to his Mum, which included driving me (2.5 hours round trip) to work with a little autistic boy. Because of no laws on the West Island he was able to drive me around at just 15 years old.

I have been working with this dear autistic boy for 7 years now and the decision has been made recently to send him to England to a special school as there are no facilities in the Falklands for children with special needs as severe as he has, the final decision was down to his parents but is being funded by Falkland Island Government. Hopefully it is the right thing for him and he will make more progress. However it will leave a huge gap in my life.

Normally on my two and a half hour drive to and from work I seldom meet another vehicle and if you meet anyone walking it usually means their vehicle has broken down! However at the moment there are two missionaries (one from America and one from UK) walking around West Falkland and living in a tent, so I occasionally bump into them and give them a lift along to their next camping spot. Some residents are finding excuses to avoid their visits as they are rather forthcoming and persuasive in attempting to get people to read the Bible with them. It's not that people in the Falklands are adverse to religion they just like to decide for themselves and in the middle of farmers' busiest times on the farm, stopping work to read the Bible isn't top of their priority list!

Nothing to do with the above but do look out for the next series of Island Parish when it comes out on television, possibly in March though I'm not sure of the timings. The whole series is filmed on the Falklands,



the team spent several months filming in the Island throughout all four seasons so we hope it will be a positive and productive series about the Islands and life is portrayed as the genuine thing.

Wendy my friend (who came down to Cornwall with me for a few days last year) and my son Matthew will feature in it (playing recorder group with the Governor at Government House). It was organised by our last lovely Vicar, Revd Richard Hines who was a much



loved member of the community and welcomed into everyone's homes around the Islands. Island Parish pretty much shadowed Richard & Jen (his wife) during the filming of the series.

**Susie Hansen**

*(It shows that when one lives on the edge of the world one has to grit teeth and just get on with life! PS Hope you have seen the BBC programmes? Ed.)*

## **NEWS FROM MOUNT CHAPEL**

Our services over the Easter were well attended—standing room only on some occasions. We continue with the ever popular Messy Church, which is primarily aimed to encourage our younger children; this occurs once a month—see notices for dates. See below for Plant Sale event.



**ANNUAL PLANT SALE**

**SATURDAY 16TH MAY**

**WARLEGGAN JUBILEE HALL, MOUNT**

**10.00–12.30**

**PLANTS / REFRESHMENTS / PLANTS / CAKE STALL /**

**PLANTS / BRIC-A-BRAC / PASTIES / PLANTS**

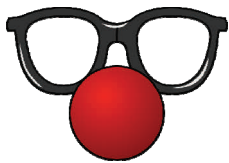


# WELL DONE OLIVIA!

Who raised

**£92**

On her stall at Village Greens for  
RED NOSE DAY



## QUIZ EVENING JUBILEE HALL, MOUNT

FRIDAY 22<sup>nd</sup> MAY

7.30PM

£2 per person

Pasties/tea/coffee/  
soft drinks

## NEPAL FUND RAISING EVENING

There'll be an **illustrated talk** about the country by Chris W. on **Saturday 9th May, 7 pm**, in the Warleggan Jubilee Hall, Mount. Free entry, but please be generous with your donations. There'll be refreshments available, tea/coffee etc., pasties, and cakes to bring and buy. Chris spent over four years working in Nepal, and, as part of the development effort there, was



amongst other things involved in earthquake preparedness programmes and disaster mitigation more generally.

He's kept in touch with friends in the country, and will continue posting updates and reports from some of the small groups who already are helping the survivors at this time of need.

SKITTLES EVENING  
JUBILEE HALL, MOUNT

FRIDAY 26TH JUNE

7.30PM

£5 / TEAM OF 4

LICENSED BAR, PASTIES, ETC

## **"HERE IS A MAN IN WHOM THERE IS NO DECEPTION"**

Unfortunately this is not a description of any particular parliamentary candidate. No, these are the words employed by Christ in describing the apostle Bartholomew (aka Nathaniel) later to be horribly martyred and who since at least 1434 has been the patron saint of Warleggan Church. I had thought of titling this piece 'Warleggan man flayed alive', a tabloid attempt to draw attention to our saint and to our church. Certainly he merits our attention and indeed our gratitude. When first hearing of the activities of Christ he is said to have uttered "Did anything good ever come out of Nazareth?" rather in the manner we might be heard saying "Did anything good ever come out of Whitehall?" – what a good straight talking man! Clearly though he changed his mind rather emphatically upon meeting Jesus himself and thereafter gave up his former life and dedicated himself to the life of a Christian missionary.

After Christ's crucifixion Bartholomew is believed to have travelled throughout the Middle East and to have taken his teachings as far as India. It was upon his return journey through Armenia that he was to incur the wrath of the King's brother and was sentenced to be flayed alive and subsequently crucified, the fate of many a Christian martyr at that time.

How very brutal and primitive we might say, how very unlike the enlightened and liberal civilisation we live in today. Until that is we contemplate Isis, Al Qaeda, Boko Haram, not to mention the hundreds of thousands of civilians killed during the Iraq War and we twig that much of the world is just as brutal and unforgiving as it ever was. The fact that we live on a small island of relative peace and justice is thanks in no small measure to people like Bartholomew spreading a message about human values which despite many distortions, misrepresentations and much exploitation has in its pure form underpinned the finer values of our civilisation. Extraordinary to contemplate what courage and conviction it must have taken to impart a message of peace, reconciliation and forgiveness in a world not unlike the Middle East of today.

"Here is a man in whom there is no deception". Could there be a better epitaph or indeed a finer role model for any community?

**Old Deuteronomy**

### **HISTORY GROUP DIARY DATES**

**May 27th** Guided walk Launceston by John Ellacott. Meet at 7.00pm at multi-storey carpark Westgate Street. (covered in greenery)

**June 24th** Walk around Cabilla Woods with Peter Kent of Cornwall Wildlife Trust. Meet at entrance gate at 7.00pm.



**PARISH LUNCH**  
**WEDNESDAY 27TH MAY 12.30**  
**BOOKING ESSENTIAL 01208 821 494**



<b>SUNDAY SERVICES</b>		<b>ST BARTHOLOMEW'S</b>
<b>May 3<sup>rd</sup></b>	9.30 am	Morning Prayer
10 <sup>th</sup>	6.00 pm	Evening Prayer
17 <sup>th</sup>	9.30 am	Holy Communion
24 <sup>th</sup>	6.00 pm	Evening Prayer
31 <sup>st</sup>	11.00 am	<b>5<sup>th</sup>SUNDAY JOINT SERVICE AT ST NEOT</b>
<b>June 7<sup>th</sup></b>	9.30 am	Holy Communion
14 <sup>th</sup>	6.00 pm	Evening Prayer
21 <sup>st</sup>	9.30 am	Morning Prayer
28 <sup>th</sup>	6.00 pm	Evening Prayer
<b>July 5<sup>th</sup></b>	9.30 am	Holy Communion
12 <sup>th</sup>	6.00 pm	Evening Prayer
19 <sup>th</sup>	9.30 am	Morning Prayer
26 <sup>th</sup>	6.00 pm	Evening Prayer

	<b>ST. NEOT</b>	
<b>May 3<sup>rd</sup></b>	11.00 am	Morning Prayer
10 <sup>th</sup>	11.00 am	Holy Communion
17 <sup>th</sup>	11.00 am	Morning Prayer
	6.30 pm	Evening Prayer
24 <sup>th</sup>	8.00 am	Holy Communion
	11.00 am	Holy Communion
31 <sup>st</sup>	11.00 am	Joint Service at St Neot
<b>June 7<sup>th</sup></b>	11.00 am	Morning Prayer

**IT'S SHOW TIME AGAIN!!  
SATURDAY 25TH JULY**

Just to give you all a little taster for the forthcoming Summer Show / Big Do in the Field the photography classes this year will be :-

- ◆ Adorable Pet(s)
- ◆ Cornish wild fauna
- ◆ Water
- ◆ Free choice

Cookery will include a set recipe Victoria Sandwich MEN ONLY—so start practicing now chaps!!

# St Neot & Cardinham

## Pre-School Tel: 01579 326862



- ◆ Independent committee run pre-school
- ◆ Rated 'good' by Ofsted
- ◆ Full and half day sessions available
- ◆ Fully funded 15 hrs a week offered to 2 (subject to personal circumstance) 3 & 4 year olds
- ◆ Spaces available in both St Neot and Cardinham
- ◆ Recently awarded level 5 nippers nutrition

### **EXCITING TIMES AHEAD FOR LOCAL PRE-SCHOOL**

St Neot & Cardinham Pre-School are delighted to announce that they have reopened in Cardinham at the much improved Woodside Centre. Since the temporary closure last November, the setting has benefited from having a new bathroom consisting of 2 additional child toilets and



low level sink and a newly fitted enclosed kitchen area. This is all thanks to the generosity of Cardinham School who have provided the new facilities. The centre is also due to be undergoing an outside extension providing an undercover play area and an increase in size of the existing room. This will be completed in the Spring/Summer of 2015 and will be celebrated with a grand

re-opening. The Pre-School leader, Di Bearne has said of the re-opening; "We place great value on fun, learning and links within the community. We aim to provide children with strong support and care in a stimulating environment where they can choose, learn, develop and thrive, enabling them to be confident and ready to continue their journey on to school. We are extremely excited to be able to offer this to the children of Cardinham and surrounding areas once again."



They are also looking to extend their opening hours in St Neot and have availability in both settings for immediate starts for children aged between 2 and 4 years of age. Regan Whiteley, pre-school Committee Chair is especially looking forward to welcoming new children into the pre-school and new parents onto the Committee. "Having a good, strong Committee is pivotal to the effective management and day to day running of the pre-school and we really welcome new parents bringing new ideas and experiences. Also, it allows parents to have a say as to how their pre-school is run, which is fantastic". For further enquiries or to pop in to have a look around and a chat with staff, please contact: Di Bearne (Leader) 01208 821179 / 07861 612727 Regan Whiteley (Chairperson) on 07912 064814 or email [regan.whiteley@live.co.uk](mailto:regan.whiteley@live.co.uk)

## IN PRAISE OF PUMPKINS

Pumpkins are beginning to take their rightful place in the vegetable garden, rather than just being associated with Halloween, however the shops are slow to recognise this. It is only recently, with living in Portugal that I have appreciated their general usefulness. In Portugal everyone grows them and eats them [no Halloween there], one of their greatest advantages being that they store well. I have kept them without any difficulty to February and even March which makes them a useful winter vegetable.

If you want to grow them from seed they can be planted late April/early May in pots and then planted out when large enough to go outside [watch out for slugs!]. They do best in a rich soil and a sunny position; they have deep roots but water during dry periods. If they are sitting on wet soil it is a good idea to put a tile or piece of wood under the fruits. They do need plenty of space but you can plant about a metre apart and train the stems around in a circle or you could even train them upwards as I have had them heading up the fence and into the hedge. Leave them for as long as possible for the skins to harden and harvest before frosts cutting the stem and leaving at least 5cm on the pumpkin.

There is a huge range of pumpkin varieties and the flavour varies with the variety. One of the most useful I have found is Hokkaido a small, sweet, bright orange pumpkin which only grows to about a kilo or two. Other varieties I have brought back from Portugal have different tastes, but unfortunately I do not know their correct name. A Portuguese smallholder will have his/her favourite varieties and they simply retain the seed from one year to the next. I have one I call Toad Hall [the skin is very warty] and one I call Turks Head, after it's shape, they are both sweet tasty pumpkins that average 3 - 4 kilos.

As to uses, forget about pumpkin pie, I personally have never had one I like, but if you have a recipe please share it. You can mash or puree them, roast them, use as a chutney ingredient, put chunks in casseroles and they make lovely soups [Try the Hairy Bikers Pumpkin & Coconut Soup on BBC Food]. Any recipes for butternut squash can be used. Whilst squash is mentioned I should clarify that a pumpkin is one type of squash and squash generally refers to the genus cucurbita. So, to make it clearer, both squash and pumpkin belong to the same family (the cucurbitaceae). A pumpkin is a type of squash. So, if you have the space, do give pumpkins a go and if you are not keen on the flavour of one, try another. As they germinate well some of my spare Toad Hall and Turks Head seedlings will be donated to the Plant Sale.



**Lynda Small**



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## St Neot & Cardinham Pre-School

Pre-School Leader: Di Bearne (Out of Pre-school Hours) 01208 821179 or 07927 313 071

(Pre-School hours only to speak to a member of staff 07861612727 or 01579 326862

**Mon** 10.00–12.00 Parent & Toddler Group (**Children's Centre St Neot**)

9.00-15.00 (**Woodside Early Years Centre Cardinham School Field**)

**Tues** 09.00–15.00 (**Children's Centre St. Neot**)  
**PM Session over 2 years**

**Thurs** 10.00–12.00 Parent & Toddler Group  
(**Woodside Early Years Centre Cardinham School Field**)

09.00-15.00 (**Children's Centre St. Neot**)  
**PM Session over 2 years**

**Fri** 09.00–15.00 (**Children's Centre St. Neot**)  
**PM Session over 2 years**

**JOIN US ON FACEBOOK TO SEE FORTHCOMING EVENTS**

**SUNDAY**

Table Tennis 11.15am

**MONDAY**Warleggan Young Farmers' Club  
Weekly Meeting 7.30 pm**TUESDAY**Pilates Mixed Ability Class 12.00—1.00pm  
Table Tennis 7.00pm**WEDNESDAY**History Group 7.30pm 4th Wednesday  
(unless stated otherwise)  
Yoga Wednesday 7.30pm NOT 4TH WEDNESDAY**FRIDAY—WEEKLY**

Village Greens Friday Shop 9.00am –2.00pm

**SPECIAL EVENTS****LUNCH CLUB**

12.30pm £4 / head

**WEDNESDAY 27th MAY**

BOOKING ESSENTIAL 821494

**HISTORY GROUP**

SEE INSIDE FOR MORE DETAILS

**WEDNESDAY 27TH MAY**

Guided walk around Launceston 7pm PROMPT

**WEDNESDAY 24TH JUNE**Walk around Cabilla Wood with Peter Kent Cornwall  
Wildlife Trust 7pm PROMPT**USEFUL TELEPHONE NUMBERS****CHAIRMAN PARISH MEETING**

Pat Phillipps 821638

**CHAIRMAN READING ROOM**

Robert Jory c/o 821127

John Jory 821360

**CHAIRMAN JUBILEE HALL**

Liz Lane 01208 821551

**TREASURER JUBILEE HALL**

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**CHAPEL STEWARDS**

Shirley Jory 821360

Pauline Worth 821371

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Matt Renals 07881 755 574

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Mount &amp; Warleggan Life Magazine

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